



Approved Claims for OPTAVIA ACTIVE™ Essential Amino Acid (EAA) Blend

Nutrient Content Claims

- Helps support healthy muscle*
- Supports post-exercise muscle recovery*
- Reduces/alleviates muscle soreness after exercise*
- Activates muscle protein synthesis*
- Helps support muscle protein synthesis during aging/Helps support the muscle building process during aging*
- Helps support healthy muscle during aging*
- Helps support healthy muscle metabolism during aging*
- Helps support healthy muscle metabolism*
- Aids in/supports post-exercise muscle recovery*
- Reduces muscle damage and accelerates muscle recovery after exercise*
- Fuels post-workout recovery*
- As part of a reduced-calorie diet, adequate consumption of proteins and amino acids aids in the retention of lean muscle mass*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.