

## 聯絡我們

### 客戶支援團隊:

電郵: [HKClientSupport@OPTAVIA.com](mailto:HKClientSupport@OPTAVIA.com)  
(我們將於 2 個工作天內回覆)

免費熱線: 800.931.717

星期一至星期五: 香港時間下午 12 時至下午 9 時  
星期六、日及公眾假期休息

### 導師支援團隊:

電郵: [HKCoachSupport@OPTAVIA.com](mailto:HKCoachSupport@OPTAVIA.com)  
(我們將於 2 個工作天內回覆)

WhatsApp: +852 6119 2669 (僅限文字訊息)  
(我們將於 2 個工作天內回覆)

免費熱線: 800.931.717

星期一至星期五: 香港時間下午 5-7 時  
星期六、星期日及公眾假期休息

### 營養支援團隊:

電郵: [HKNutritionSupport@OPTAVIA.com](mailto:HKNutritionSupport@OPTAVIA.com)  
(我們將於 2 個工作天內回覆)

### 香港辦公室:

地址: 香港銅鑼灣登龍街 18 號 V Point 9 樓  
(銅鑼灣站- A 出口) (敬請預約)

## 常用網站

**OPTAVIA 網站:** [www.OPTAVIA.hk](http://www.OPTAVIA.hk)

**OPTAVIA CONNECT:** [www.OPTAVIAConnect.com](http://www.OPTAVIAConnect.com)

### OPTAVIA 客戶百科:

<https://answers-HK.optavia.com/>

- 內附有關 **OPTAVIA** 產品計劃的常見問題及常用工具:
- 產品計劃指引及營養資訊
  - 有關健康習慣轉型系統、運送及訂購、脂肪燃燒、等等的有用文章
  - 有關運送及 **OPTAVIA Premier** 的條款細則

### OPTAVIA 導師百科:

<https://CoachAnswers-HK.optavia.com/>

- 內附有關 **OPTAVIA** 導師業務支援工具及常見問題
- 如何設立 **OPTAVIA Pay** 帳戶、**OPTAVIA Connect**、**OPTAVIA Learn** 等等

### OPTAVIA Learn:

<https://CoachAnswers-HK.optavia.com/help/learn>

- 為 **OPTAVIA** 香港導師提供虛擬培訓
- 新導師培訓
  - 月度工作計劃
  - 蛻變型領導才能的習慣
  - 健康習慣轉型系統

### OPTAVIA 活動:

[www.OPTAVIAEvents.com](http://www.OPTAVIAEvents.com)

加入 **OPTAVIA** 社群, 並與社群聯絡和一起學習和成長

**OPTAVIA Gear:** [www.optaviagear.com](http://www.optaviagear.com)

訂購您的 **OPTAVIA** 服裝和業務資源配件

## 社交媒體

### 官方帳號:

#### FACEBOOK 專頁:

香港官方 FACEBOOK 專頁 - **OPTAVIAHK**  
[www.Facebook.com/OPTAVIAHK/](http://www.Facebook.com/OPTAVIAHK/)

#### FACEBOOK 群組 (香港導師專屬):

**OPTAVIA Hong Kong - Agents of Transformation™**  
<https://www.facebook.com/groups/AOT.OPTAVIAHongKong>

#### YOUTUBE 頻道:

官方 YouTube 頻道 - **OPTAVIAHK**  
<http://bit.ly/3aREidQ>

### 由資深導師運作:

#### FACEBOOK 群組(客戶及導師專屬)\*:

- **BETTER TOGETHER TRANSFORMING ASIA Client Page**

<https://www.facebook.com/groups/2350083601708712/>  
(為亞洲的客戶及導師而設的英文社群)

- **起動亞洲 - 成就生命蛻變 (BTTA)**

<https://www.facebook.com/groups/426518808142836/>  
(為亞洲的客戶及導師而設的中文社群)

- **Movers and Shapers Asia Coach Page**

<https://www.facebook.com/groups/moversandshapersasia/>  
(為亞洲導師而設的導師社群)

\*起動亞洲 - 成就生命蛻變 (BTTA)、BETTER TOGETHER TRANSFORMING ASIA Client Page 及 Movers and Shapers Asia Coach Page 均不屬 **OPTAVIA** 官方社交媒體。所有資訊、演講或培訓均未經 **OPTAVIA** 官方批核或提供。

## Contact Us

### Client Support Team:

**Email:** HKClientSupport@OPTAVIA.com  
(Please allow 2 business days for our reply)

**Toll Free Hotline:** 800.931.717  
Monday - Friday 12:00 P.M. to 9:00 P.M. HKT  
Saturday/Sunday/Public Holiday: Closed

### Coach Support Team:

**Email:** HKCoachSupport@OPTAVIA.com  
(Please allow 2 business days for our reply)

**WhatsApp:** +852 6119 2669  
(TEXT message only)  
(Please allow 2 business days for our reply)

**Toll Free Hotline:** 800.931.717  
Monday - Friday 5:00 P.M. to 7:00 P.M. HKT  
Saturday/Sunday/Public Holiday: Closed

### Nutrition Support Team:

**Email:** HKNutritionSupport@OPTAVIA.com  
(Please allow 2 business days for our reply)

### Hong Kong Office:

**Address:** 9/F, V Point, 18 Tang Lung Street,  
Causeway Bay, Hong Kong  
(Causeway Bay Station- Exit A)  
(visit by appointment)

## Websites

**OPTAVIA Website:** [www.OPTAVIA.hk](http://www.OPTAVIA.hk)

**OPTAVIA CONNECT:** [www.OPTAVIAConnect.com](http://www.OPTAVIAConnect.com)

### OPTAVIA Client Answers:

<https://answers-HK.optavia.com/>

FAQs and tools surrounding the **OPTAVIA** Plans & Programs:

- Program Guides & Nutrition Support Information
- Useful articles on Habits of Health™  
Transformational System, Shipping & Ordering,  
Fat Burning, Medical Considerations and many more
- Information about Shipping terms & **OPTAVIA**  
Premier details

### OPTAVIA Coach Answers:

<https://CoachAnswers-HK.optavia.com/>

FAQs and Business Support tools for **OPTAVIA** Coaches  
active in Hong Kong

- Step by step guide on **OPTAVIA** Pay, **OPTAVIA**  
CONNECT, **OPTAVIA** Learn and more

### OPTAVIA Learn:

<https://CoachAnswers-HK.optavia.com/help/learn>

A virtual training platform for **OPTAVIA** HK Coaches

- New Coach Training
- Monthly Action Plan
- Habits of Transformational Leadership
- Habits of Health™ Transformational System

### OPTAVIA Global Events:

[www.OPTAVIAEvents.com](http://www.OPTAVIAEvents.com)

Join our **OPTAVIA** Community to Learn, Connect and Grow

**OPTAVIA Gear:** [www.optaviagear.com](http://www.optaviagear.com)

To purchase your **OPTAVIA** apparel and business materials

## Social Media

### Official Channels:

#### FACEBOOK Page:

Official Facebook Page - **OPTAVIAHK**  
[www.Facebook.com/OPTAVIAHK/](http://www.Facebook.com/OPTAVIAHK/)

#### FACEBOOK Group (Coach ONLY):

**OPTAVIA** Hong Kong - Agents of Transformation™  
<https://www.facebook.com/groups/AOT.OPTAVIAHongKong>

#### YOUTUBE Channel:

Official YouTube Channel - **OPTAVIAHK**  
<http://bit.ly/3aREidQ>

### Field Led:

#### FACEBOOK Group (Client & Coach)\*:

- BETTER TOGETHER TRANSFORMING  
ASIA Client Page

<https://www.facebook.com/groups/2350083601708712/>  
(English Community for Clients & Coaches in Asia)

- 起動亞洲 - 成就生命蛻變 (BTTA)

<https://www.facebook.com/groups/426518808142836/>  
(Chinese Community for Clients & Coaches in Asia)

- Movers and Shapers Asia Coach Page

<https://www.facebook.com/groups/moversandshapersasia/>  
(Coach community for **OPTAVIA** Coaches in Asia)

\*BETTER TOGETHER TRANSFORMING ASIA Client Page,  
起動亞洲 - 成就生命蛻變 (BTTA) and Movers and Shapers Asia  
Coach Page are not official **OPTAVIA** social media. Any information,  
presentations, and/or trainings hosted is not officially approved or  
provided by **OPTAVIA**.