



## DEFINING YOUR WHY & FIRST GOALS

Take a moment to consider WHY you decided to join our mission. Our **OPTAVIA** Community is stronger because you are here and we want to help you create your best life possible!

Why did you decide to become an **OPTAVIA** Coach?

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How will being an **OPTAVIA** Coach help you create a better life?

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Who or what will be impacted most positively through your coaching?

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What does your BEST life look like?

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## YOUR FIRST GOALS

What will success look like in 3 months?

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What will success look like in 6 months?

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What will success look like one year from now?

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We encourage you to work with your Business Coach/Mentor support team throughout this process. Our Community is here to support you every step of the way.  
[Questions? Check out OPTAVIA ANSWERS](#), call 1.888.OPTAVIA, or fill out the [Contact Us form on your OPTAVIA personalized website!](#)